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ABSTRACT OF DISCLOSURE

A perceptible apparatus and methods for use and calibration in helping to create a reactive effect upon a user is disclosed. The present invention includes control circuitry operative to generate a one of a plurality of selected signals. Also included is structure for producing a variable perceptible output in response to one of a plurality of the selected signals and a translucent element adjacent to the structure for producing a variable perceptible output, the translucent element is operative to diffuse and emit the variable perceptible output.